Overview

Restorative Nursing is not a new concept … the techniques have been taught in nursing school and CNA training programs for decades. Restorative Nursing is based on a belief in the dignity and worth of each individual, moving away from stereotyping or labeling a person by injury, age or diagnosis. The purpose of Restorative Nursing Programming is to increase the resident’s independence, promote safety, preserve function, increase self-esteem, promote improvement in function, and minimize deterioration.

In many cases, restorative nursing programs are initiated when a resident is discharged from formalized physical, occupational, or speech rehabilitation therapy services. However, a resident may also be started on a restorative program when a restorative need arises during the course of a custodial stay when the patient is not a candidate for a more formalized therapy program.

This training session will review the philosophy, design, implementation, and successful documentation of a Restorative Nursing Program. Nurses, Nurse Assistants, Restorative Aides, and therapists all must work together in the facility to implement a rehabilitative approach that focuses on the resident’s function. Types of Restorative programs are reviewed along with role delineations for each. For each Restorative Program, documentation and coding guidelines, key training elements, and program goals are reviewed.

Restorative nursing often doesn’t happen the way it should. Perhaps the facility has a number of staff call-outs and needs to pull its RNAs to work as nursing assistants on the floor. Other times, there are too many (or too few) candidates for Restorative and it becomes difficult to schedule staff in an efficient way. To that end, tools for quality assurance and program efficiency are offered.

Finally, because documentation and MDS completion can impact Case Mix and reimbursement, these topics will be reviewed. Participants will be offered coding tips and criteria for the MDS and an analysis of Restorative’s impact on Part A Medicare and Medicaid reimbursement.

Learning Objectives

By the completion of the presentation, attendees will:

- Define the difference between skilled therapy and restorative programming.
- Describe the design and implementation of Nursing Rehabilitation Restorative Programs.
- Identify tools and systems to use to effectively manage programs.
- Explain proper coding of the MDS and supportive documentation related to Restorative Nursing Programs.

Who Should Attend

Nurses, nurse assistants, rehabilitative aides, therapists, administrators, and MDS coordinators.
It’s Time to “Restore” Your Restorative Nursing Program

Faculty

Kathleen Weissberg, OTD, OTR/L, Education Director, Select Rehabilitation

Kathleen Weissberg, in her more than 20 years of practice, has worked in long term care as a researcher/educator and has established various programs in nursing facilities including palliative care and end of life care, incontinence management, falls management and dementia care and staging. She currently provides continuing education support to 6,000 therapists nationwide as director of education for Select Rehabilitation. She has lectured nationally, at the state level, and authored publication on the topics such as patient satisfaction outcomes in long term care, restraint reduction and fall prevention, driving and the elderly, dementia management, palliative care, and hospital readmissions. She has presented at previous LeadingAge conferences for Georgia, South Carolina, Michigan, New York, and has authored articles for publication for LeadingAge Florida and Texas.

Registration Information & Fees

Register at www.LeadingAgeIowa.org. Fees are per connection at a facility. Registration instructions and handout materials will be sent to the contact person listed on the registration 2 days prior to the program.

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Continuing Education Credit

Nursing Home Administrators – This session is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for 1.5 credit hours. Retain certificate for four years.

Iowa Board of Nursing Provider #67 - .18 CEUs. Retain certificate for four years.

Physical Therapists - This session is intended to meet the criteria established by the Iowa Board of Examiners for Physical and Occupational Therapy for 1.5 credit hours. Retain certificate for four years.