

Iowa is Getting Older

Iowa's Growth by 2050

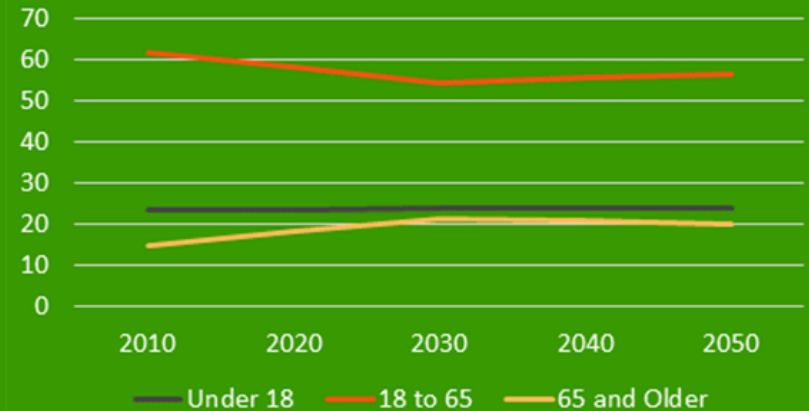


85 + Older **87% increase**

65 + Older **24% increase**

Under 65 **7.1% increase**

Percent Change of Iowa Population



LTSS Costs Will Continue to Rise

Nursing Facility:

2020: **\$6,453**
2030: **\$8,673**
2040: **\$11,656**
2050: **\$14,765**

Assisted Living:

2020: **\$4,081**
2030: **\$5,485**
2040: **\$7,371**
2050: **\$9,338**

Home Health:

2020: **\$4,855**
2030: **\$6,524**
2040: **\$8,768**
2050: **\$11,107**

Adult Day:

2020: **\$1,353**
2030: **\$1,929**
2040: **\$2,592**
2050: **\$3,284**

LTSS Needs are Growing, Caregivers Declining

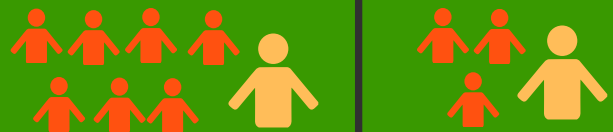
70%

of Iowans will need help with one activity of daily living (ADL, ex: eating, bathing, dressing, bathroom) or experience some cognitive loss.

52%

of Iowans will need to rely upon at least one type of LTSS services (nursing facility, assisted living, adult day, etc.)

7:1 → **3:1**



Projected decline in ratio of family caregivers.

Sources

<https://www.legis.iowa.gov/docs/publications/ID/794317.pdf>

<https://www.genworth.com/aging-and-you/finances/cost-of-care.html>

<https://universalfamilycare.org/report/>

Woods & Poole Economics, Inc., 2015, <https://www.legis.iowa.gov/docs/publications/ID/794317.pdf>

Financially Not Prepared for Retirement

\$10,000

is the average amount nationally for total retirement savings in a 401k/IRA for a typical household approaching retirement.

But -

\$266,000

is the average cost for half of Americans who will need significant LTSS needs in old age. About half of that total will come from out of pocket costs.



- Iowans lack effective, affordable options for paying for LTSS services besides private pay or Medicaid. Few can afford the high price of LTSS services out of pocket.



- Less than 7% of older adults over the age of 50 have long-term care insurance.
- Those with highest LTSS risks or needs are typically priced out or denied private LTCI coverage.

State Default Insurer

Iowa currently spends \$951 million on nursing facilities out of \$4.96 billion in Medicaid expenditures.

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The state pays for one out of every two people in a nursing facility through Medicaid.



State and Federal government are the primary payors of LTSS services nationally. Paying for nearly 60% of all care.

60%

LTSS Financing Crisis

- Medicaid cannot deal with the rising costs of LTSS alone.
- Iowans lack viable options to affordable LTSS care.
- Older Iowan population the fastest growing segment in Iowa.
- More Iowans will be needing more services.
- Iowa needs a comprehensive plan for the future.

Sources

<https://www.legis.iowa.gov/docs/publications/SD/1069737.pdf>

<https://fas.org/sgp/crs/misc/IF10343.pdf>

<https://universalfamilycare.org/report/>

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