

PROGRAM DESCRIPTION

This interactive full-day workshop will share effective strategies to best facilitate function and the levels of care and assistance for residents who are living with dementia. This will include effective mealtime strategies for improved nutrition, systems to identify and manage fall risks and multisensory strategies to address the root causes of agitation and resulting behaviors. This workshop meets the following DIA requirements for dementia training LTC 58.54(6)a.(2), 58.54(6)a.(3), 58.54(6)a.(6), 58.54(6)a.(7), 58.54(6)a.(8) and AL 69.30(2)g., 69.30(2)i.

PROGRAM OBJECTIVES

At the end of this session, participants will be able to:

- Cite the relevant factors to understanding the perceptions of a person living with dementia.
- Identify effective mealtime strategies to improve interest in eating and nutritional intake with residents who have dementia.
- Cite the expected changes in physical skills per progressive stage of dementia, to support the changing subsequent needs.
- Identify multisensory interventions to address agitation and behaviors related to sensory stimuli.
- Discuss the effects of environmental influences, with proposed solutions to minimize agitation from such sources.

INTENDED FOR

Appropriate for nursing home, assisted living, home and community based services and adult day providers. Administrators, Social Workers, DONs, ADONs, Nursing Staff, Unit Managers and Staff Educators.

FACULTY



Lisa Milliken, MA, CCC-SLP, FNAP, Education Specialist, Select Rehabilitation, Atascocita, TX 👟

Over the last 30 years, Lisa Young Milliken has served adults and geriatrics as a clinician, manager, vice president, consultant, compliance manager and education director and is most passionate about mentoring health care professionals in the post acute facilities across the country. She currently provides continuing education support to therapists in more than 950 sites nationwide as education specialist for Select Rehabilitation. She has authored and lectured at the state and national level with more than 150 professional continuing education courses on a wide range of topics of importance to the health care professional who works with the older population. Milliken is a member of the American Speech-Language and Hearing Association, where she currently serves as a State Advocate for Medicare Policy (StAMP) to Texas and she serves on the TSHA Executive Council as chair of the business management committee. She has also recently been elected to the Distinguished Fellowship of the National Academies of Practice in Speech-Language Pathology. Through her leadership positions on the Louisiana and Texas Association boards, executive council and other organizations, she has purposed to advocate services of these associations' members as well as for the clients and families served by the members.

WHAT DO PEOPLE SAY ABOUT THIS CLASS

Lisa presented a dementia workshop in 2019 and was reviewed as excellent (5 out of 5) across all evaluation criteria. Here are some attendee comments:

- ~ "Wonderful information that will help our staff to make improvements in our CCDI."
- ~ "Best dementia training I've ever had."
- ~ "Lisa did a wonderful job presenting this conference on dementia. She was well prepared and very well informed. Lisa kept her audience engaged and learning the entire time. Wonderfully done!
- ~ "Great instructor loved her style."

PROGRAM AGENDA

8:00 a.m. - 8:30 a.m Registration/Check-in
8:30 a.m. - 12:15 p.m. Program
12:15 p.m. - 1:15 p.m. Lunch (included)
1:15 p.m. - 4:00 p.m. Program

A 15-minute break will be scheduled during the morning and afternoon sessions.

CONTINUING EDUCATION CREDIT

Iowa Board of Nursing Provider #67 – 6 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

Nursing Home Administrators – 6 contact hours will be awarded for attendance at the entire event. This program is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

Assisted Living Recertification - 6 contact hours toward continuing education for maintaining Assisted Living Leadership Certification for attending the entire event.

For other long term support and service provider professional not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

REGISTRATION INFORMATION

Register at www.LeadingAgelowa.org.

LeadingAge Iowa Member Rate	\$95
Prospective Member Rate	\$175

Registration fees include electronic handouts, lunch, morning and afternoon breaktime refreshments, and CEU/attendance certificate.

REFUND POLICY

The online registration deadline is April 14, 2020. Any phone or onsite registrations after April 14 will incur an additional \$25 processing fee. No-shows will be billed. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge lowa business days remaining prior to the program. LeadingAge lowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be sent to Amy Huisman (ahuisman@leadingageiowa.org). Facilities that have an unannounced annual survey by DIA during the meeting dates will be eligible for a full refund.

AREA HOTEL INFORMATION

LeadingAge lowa has negotiated special sleeping room rates for its members at several hotels in the vicinity of our office. Go to <u>www.LeadingAgelowa.org/Hotels</u> to view hotel options.

> LeadingAge Iowa, 11001 Aurora Ave, Urbandale, IA 50322 515-440-4630 or www.LeadingAgeIowa.org