

# Strategies for Assuring Quality of Life for Residents Living with Dementia Workshop May 16, 2019

LeadingAge®  
Iowa

Aurora Training Center (Building #3)  
11159 Aurora Ave., Urbandale, IA 50322

## **PROGRAM DESCRIPTION**

Assuring quality of care and supportive environments can be challenging for community team members, family members and volunteers who want to meet the needs of residents living with dementia. This full-day workshop will share comprehensive resources with all participants, from the evidence-based research to the day-to-day practical strategies. Each segment will include hands on approaches and interactive discussion to maximize skills for strategies that can immediately be put into practice. This workshop is interactive and utilizes a combination of traditional lecture and group activity to advance attendee learning.

## **PROGRAM OBJECTIVES**

At the end of this session, participants will be able to:

- Describe the current prevalence and types of dementia.
- Identify the stages of dementia and the respective deficits, abilities and strategies per stage.
- Cite examples of how the most optimal non-pharmacological strategies are the result of first knowing the resident's life story.
- State the effective strategies for communicating with people who have dementia.
- Share effective responses to pain behaviors, to include analyzing signs/symptoms and effectively responding/documenting per response.

## **INTENDED FOR**

Administrators, Social Workers, DONs, ADONs, Nursing Staff, Unit Managers and Staff Educators.

## **FACULTY**

**Lisa Milliken, MA, CCC-SLP, FNAP, Education Specialist, Select Rehabilitation, Atascocita, TX**



Over the last 30 years, Lisa Young Milliken has served adults and geriatrics as a clinician, manager, vice president, consultant, compliance manager and education director and is most passionate about mentoring health care professionals in the post acute facilities across the country. She currently provides continuing education support to therapists in more than 950 sites nationwide as education specialist for Select Rehabilitation. She has authored and lectured at the state and national level with more than 150 professional continuing education courses on a wide range of topics of importance to the health care professional who works with the older population. Milliken is a member of the American Speech-Language and Hearing Association, where she currently serves as a State Advocate for Medicare Policy (StAMP) to Texas and she serves on the TSHA Executive Council as chair of the business management committee. She has also recently been elected to the Distinguished Fellowship of the National Academies of Practice in Speech-Language Pathology. Through her leadership positions on the Louisiana and Texas Association boards, executive council and other organizations, she has purposed to advocate services of these associations' members as well as for the clients and families served by the members.

## **PROGRAM AGENDA**

8:00 a.m. - 8:30 a.m.	Registration/Check-in
8:30 a.m. - 12:15 p.m.	Program
12:15 p.m. - 1:15 p.m.	Lunch (included)
1:15 p.m. - 4:00 p.m.	Program
4:00 p.m.	Adjourn

A 15-minute break will be scheduled during the morning and afternoon sessions.

## **CONTINUING EDUCATION CREDIT**

**Iowa Board of Nursing Provider #67** – 6 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

**Nursing Home Administrators** – 6 contact hours will be awarded for attendance at the entire event. This program is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

**Assisted Living Recertification** - 6 contact hours toward continuing education for maintaining Assisted Living Leadership Certification for attending the entire event.

**For other long term support and service provider professional not listed above:** Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

### **REGISTRATION INFORMATION**

**Register at [www.LeadingAgeIowa.org](http://www.LeadingAgeIowa.org).**

<b>LeadingAge Iowa Member Rate</b>	<b>\$95</b>
<b>Prospective Member Rate</b>	<b>\$175</b>

Registration fees include electronic handouts, breakfast, lunch, refreshment break, and CEU/attendance certificate.

### **REFUND POLICY**

The online registration deadline is May 14, 2019. Any phone or onsite registrations after May 14 will incur an additional \$25 processing fee. No-shows will be billed. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be sent to Amy Huisman ([ahuisman@leadingageiowa.org](mailto:ahuisman@leadingageiowa.org)). Facilities that have an unannounced annual survey by DIA during the meeting dates will be eligible for a full refund.

### **AREA HOTEL INFORMATION**

*LeadingAge Iowa has negotiated special sleeping room rates for its members at several hotels in the vicinity of our office.*

*Go to [www.LeadingAgeIowa.org/Hotels](http://www.LeadingAgeIowa.org/Hotels) to view hotel options.*

### **UPCOMING EVENTS**

June 5	Non-Pharmacological Strategies to Manage Sundowner Behavior Webinar
June 26	Infection Control Workshop, Pleasant Hill
August 14	Polypharmacy Risks with Seniors Webinar
September 11-12	Fall Leadership Conference & Solutions Expo, Cedar Rapids
October 23	Dementia Workshop, Des Moines

*LeadingAge Iowa, 11001 Aurora Ave, Urbandale, IA 50322  
515-440-4630 or [www.LeadingAgeIowa.org](http://www.LeadingAgeIowa.org)*