

Fall Management - An Interdisciplinary Approach

September 26, 2019

Location: Aurora Training Center (Building #3)
11159 Aurora Ave., Urbandale, IA 50322

PROGRAM DESCRIPTION

This full-day, interactive seminar focuses on the importance of the interdisciplinary approach to manage fall risk and falls. Discussion will include: falls statistics and what that means to your organization, intrinsic/extrinsic fall risk factors, root cause analysis, the impact of cognition on fall/fall risk and the development of individualized interventions based on interdisciplinary team (IDT) assessments. Group examination of case studies will facilitate discussion, problem solving and provide the opportunity for the sharing of best practices.

Program Objectives

By completion of this session, learner will be able to:

- Identify members of the IDT falls management team and methods of effective communication and collaboration necessary for the development of patient-specific, individualized interventions.
- Discuss the complexity of the older adult and multifactorial fall risk factors.
- Recall both intrinsic and extrinsic fall factors and identify appropriate disciplines (PT, OT, ST) necessary to evaluate and treat identified areas impacting fall/fall risk.
- Demonstrate impact of cognition on falls/fall risk and develop appropriate interventions/strategies.
- Develop and implement an effective, individualized plan based on assessments.

INTENDED FOR

Appropriate for assisted living and nursing home providers. Social Workers, Activities, Recreation, Nursing, CNA and Therapists.

FACULTY

Judy Freyermuth, PT, Director of Clinical Operations, RehabCare, Bridgewater, MA

Judy Freyermuth is a graduate of Marquette University and has 36 years of clinical and operational experience, working with all ages in a variety of settings. She was the therapist for the Muscular Dystrophy Clinic in Southeastern, MA, for 11 years, where she gained extensive experience in wheelchair seating/positioning manual and powered mobility. She gained additional experience in the area of seating and positioning through work with brain injured children and also at a day habilitation program for cognitively impaired adults. She has been employed by RehabCare (Rehab Division of Kindred Healthcare) for the past 26 years where she has worked primarily in skilled nursing facilities with geriatrics. As a member of the clinical services team for the past 15 years, Judy has provided extensive education in the areas of seating and positioning, falls/restraints, cognition and various other clinical topics across the country. Judy was lead in the development of RehabCare's Steady Steps Fall Management Program. As part of this program, she has provided extensive IDT, nursing, nursing assistant and rehab training in falls management. She has also presented/co-presented International Seating Symposium and for two years at the APTA Combined Sections Conference. She is a former secretary for the Assistive Technology/Seating and Wheeled Mobility SIG, under the Neuro Section of the APTA.

WHAT DO PEOPLE SAY ABOUT THIS CLASS

Attendees raved about Judy's fall workshop last year. Here are some of their comments:

- ~ "Judy was awesome! She gave us some great new ideas and a different perspective when looking at fall interventions."
- ~ "Highly recommend the conference."
- ~ "I felt Judy knew what she was talking about and had a good way of keeping everyone's attention."
- ~ "It was a THRILL to listen to someone who actually had first hand knowledge and experience. Her whole presentation was awesome."

CONTINUING EDUCATION CREDIT

Iowa Board of Nursing Provider #67 - 6.5 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

Nursing Home Administrators - 6.5 contact hours. This program is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

Assisted Living Leadership Recertification - 6.5 contact hours towards continuing education for maintaining Assisted Living Leadership Certification.

Social Workers - 6.5 contact hours. This program is intended to meet the criteria established by the Iowa Board of Social Work Examiners. If audited, you will be asked to provide your certificate of attendance and program material.

For other long term support and service provider professional not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

PROGRAM AGENDA

8:00 a.m. – 8:30 a.m.	Registration/Check-In
8:30 a.m. – 12:00 p.m.	Program
12:00 p.m. – 12:45 p.m.	Lunch (Provided)
12:45 p.m. – 4:15 p.m.	Program

A 15-minute break will be scheduled during the morning and afternoon sessions.

REGISTRATION INFORMATION

Register at www.LeadingAgeIowa.org

Registration fees include electronic access to handouts, breakfast, lunch, refreshments, and CEU/attendance certificate.

LeadingAge Iowa Member Rate	\$135
Prospective Member Rate	\$195

REFUND POLICY

The online registration deadline is September 24, 2019. Any phone or onsite registrations after the deadline will incur an additional \$25 processing fee. No-shows will be billed. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$50 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be sent to Amy Huisman (ahuisman@leadingageiowa.org) by email or fax to 515-440-4631. Facilities that have an unannounced annual survey by DIA during the meeting dates will be eligible for a full refund.

AREA HOTEL INFORMATION

LeadingAge Iowa has negotiated special sleeping room rates for its members at several hotels in the vicinity of our office. Go to www.LeadingAgeIowa.org/Hotels to view hotel options.

UPCOMING EVENTS

September 11-12

Fall Leadership Conference & Solutions Expo, Cedar Rapids

October 23

Tools To Optimize Care & Environments for People Living with Dementia Workshop, Des Moines

November 14

Nurse Leadership Symposium & Social Worker Conference, West Des Moines

LeadingAge Iowa, 11001 Aurora Ave. Urbandale, IA 50322

515-440-4630 or www.LeadingAgeIowa.org