



# What You Need to Know When Someone Hoards

March 28, 2024 • 1–2 p.m. CT

[www.LeadingAgeIowa.org/Hoarding](http://www.LeadingAgeIowa.org/Hoarding)

This event is scheduled in a virtual, live-streaming webinar format. To meet the regulatory and education requirements, participants must stay for the entire event to receive credit. Sign-in and sign-out times, as well as attentiveness, will be verified before credit is issued. Contact [Amy Huisman](#) for details or questions.

According to the American Psychiatric Association, 2-6% of the U.S. population exhibit a hoarding disorder. This tendency doesn't suddenly disappear when a person enters a senior living community. So, if you have worked in eldercare for any length of time, you have likely encountered hoarding. But what is hoarding and how does it differ from being a "pack rat?"

This webinar will explore hoarding in senior living by first defining hoarding and identifying the types of hoarding behaviors. The webinar explores the scope of the issue in various levels of senior living including independent, assisted living, SNF, and senior housing. In addition, the reasons why individuals may hoard, health conditions that might lead to hoarding behavior, and the effects (physical, social, and emotional) of hoarding behavior will be examined.

Approaches and signs for recognizing hoarding behavior will be addressed in this webinar. In addition, strategies to address hoarding in senior living will be offered including how to balance interventions with resident rights, standardized assessment to determine the severity of hoarding, the dos and don'ts of communicating with a hoarder, and practices for supporting the hoarder toward a place of health and well-being. Additional evidence-based tips for supporting individuals who don't think they hoard and for living with someone who is hoarding will be offered.

When dealing with a hoarder, you need to make the most of your encounters. By learning a new way to break down the barriers of hoarders, you can make a difference in their quality of life and teach them, their families, and staff how to help them understand it and how to help them.

- Describe the scope of hoarding in senior living and how it differs from collecting.
- Identify signs of hoarding behaviors and their effects on health and well-being.
- List strategies providers may use to address and reduce hoarding behavior in residents and tenants.
- Identify verbal and non-verbal communication strategies to address hoarding and support the emotional well-being of hoarders.

## Event Schedule

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## Who Should Attend

Social Workers, Administrators, Nurse Leaders, Department Heads, and other staff who may encounter hoarding situations. Appropriate for all provider types including nursing home, assisted living, and independent living (some content may be appropriate for home and community-based services and adult day services as well).

## Faculty

**Kathleen Weissberg, OTD, OTR/L, Education Director. Select Rehabilitation**



Kathleen Weissberg, in her more than 25 years of practice, has worked in long term care as a researcher/educator and has established various programs in nursing facilities including palliative care and end of life care, incontinence management, falls management and dementia care and staging. She currently provides continuing education support to 6,000 therapists nationwide as director of education for Select Rehabilitation. She has lectured nationally, at the state level, and authored publication on the topics such as patient satisfaction outcomes in long term care, restraint reduction and fall prevention, driving and the elderly, dementia management, palliative care, and hospital readmissions. She has presented at previous LeadingAge conferences for Georgia, South Carolina, Michigan, New York, and has authored articles for publication for LeadingAge Florida and Texas.

## **Continuing Education Information**

Iowa Board of Nursing Provider #67 – LeadingAge Iowa has been approved as a provider of continuing education for nurses by the Iowa Board of Nursing, provider No. 67. 1.0 contact hour will be available for participants who attend this event in its entirety. Partial credit for this event will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event. Evaluations for this event can be submitted to the Iowa Board of Nursing.

Nursing Home Administrators – 1.0 contact hour is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for participants who attend this event in its entirety. Partial credit for this event will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event.

LAI Assisted Living Management Recertification – 1.0 contact hour will be available for participants who attend this event in its entirety. Partial credit for this event will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event.

Activity Professionals – This event has been approved by the Iowa Department of Inspections & Appeals for 1.0 contact hour for Certified Activity Professionals who attend this event in its entirety. Partial credit for this session will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event.

Social Services – 1.0 contact hour is intended to meet the criteria established by the Iowa Board of Examiners for Social Workers for participants who attend this event in its entirety. Partial credit for this session will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event.

For other long-term support and service provider professional not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. It is up to the discretion of the licensee to choose relevant sessions and self-report. Generic certificates of attendance will be provided.

## **Registration & Other Information**

Register at [www.LeadingAgeIowa.org/Hoarding](http://www.LeadingAgeIowa.org/Hoarding).

LeadingAge Iowa Member	\$50
Prospective Member	\$100

### **What's Included**

Registration fee includes digital handout, one connection to the live webinar and instructions for receiving CE credit/attendance certificate for one person. A recording of this webinar is NOT included in the registration fee.

### **Cancellation/Refund Policy**

Registration deadline is March 26, 2024. No-shows will be billed. No refunds for failure to log-in at the time of the event. Substitutions are welcome anytime via email. A full refund will be given to all cancellations received 10 or more business days prior to the event. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the event. No refunds will be given to cancellations received five or fewer business days prior to the event. Refunds will be calculated by the date received and the business days remaining prior to the event. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be emailed to Amy Huisman ([ahuisman@LeadingAgeIowa.org](mailto:ahuisman@LeadingAgeIowa.org)).

Go to [www.LeadingAgeIowa.org/VPCodeofConduct](http://www.LeadingAgeIowa.org/VPCodeofConduct) to view the LAI Virtual Programs Code of Conduct.

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