



#HousingHappenings

Practical lessons for affordable housing professionals, 3rd Wednesday of the month @ 12PM EST

LeadingAge Iowa is partnering with LeadingAge Maryland in 2024 to offer this monthly educational teleconference series designed specifically for affordable housing professionals. This series offers short, practical learning sessions for service coordinators, property managers, and other individuals who work with older adults in affordable housing settings.

Who Should Attend

Affordable Housing service coordinators, property managers, and other individuals who work with older adults.

2024 Event Schedule

3rd Wednesday of each month at 11 a.m.–12 p.m. CT

- **February 21** ~ Are We Helping Seniors Build a Happy Life?
This month's session asks participants to survey the activities and programs they offer for seniors in their housing communities and to compare them to the principles derived from research by Author Brooks, an acclaimed Harvard professor and author on the topic.
Speaker: Bette McNee, Vice President, Clinical Safety, Graham Company
- **March 20** ~ The Future of Affordable Housing
"Join Housing Happenings in March for a look at key trends in affordable housing. You'll hear from Juliana Bilowich, Director of Housing Operations and Policy with LeadingAge National, who will share how federal housing policy actions are impacting the everyday lives of housing staff and residents. We'll touch on hot topics like HOTMA, Service Coordination, criminal background screening, and more, and we'll make sure to leave time for Q&A."
Speaker: Juliana Bilowich, Director of Housing Operations and Policy with LeadingAge
- **April 17** ~ The Active Shooter / Armed Intruder: Planning For...Responding To...Recovering From The Unthinkable
Speaker: Steve Wilder, President and CEO, Sorensen, Wilder & Associates
- **May 15** ~ Communicating with Someone Who Has a Cognitive Disorder
Speaker: Stacey Young, Director, Center of Excellence in Dementia Care, Broadmead
During this session Stacey will give an overview on mild cognitive impairment and the most common types of dementia, communication tips and tools.
- **June 19** ~ Fostering Mental Well-Being with Aging
Speaker: Susan W. Lehmann, M.D., Director of Geriatric Psychiatry Clinic, Johns Hopkins Hospital
In this conversation, Dr. Susan W. Lehmann, a geriatric psychiatrist at the Johns Hopkins University School of Medicine, will discuss factors that contribute to successful aging. She will review threats to well-being with aging and what current research indicates about what can promote emotional well-being with aging, both on the individual level and the community level.
- **July 17** ~ Confronting Loneliness with a Culture of Connections
Speaker: Belinda Degboe, Director of Well-being Asbury Methodist Village
- **August 21** ~ Having the Difficult Conversations – What to Say to a Bully
Speaker: Dr. Kathleen Weissberg, National Director of Education, Select Rehabilitation
 - Describe the incidence and characteristics of bullying behaviors in senior living
 - Identify preventative measures communities can implement to reduce impact and mitigate bullying behaviors
 - List targeted communication, responses and interventions to reduce reoccurrence of senior-to-senior bullying
- **September 18** ~ Building and Sustaining Diversity Efforts
Speaker: Dr. Jennifer Marana, PhD, Marana Consulting
 - Explore options for developing organizational diversity, equity, inclusion and belonging (DEIB) efforts.
 - Discuss sustainability efforts and how to stay engaged in the journey.

- Learn about how other organizations approach DEIB work.
- **October 16 ~ Harm Reduction – the rise in opioid use among seniors**
Speaker: Liddy Garcia-Bunuel, Principal, HMA
 - Discover the latest data.
 - Learn how to be better prepared.
 - Discuss barriers and challenges.
- **November 20 ~ Technology Trends in Affordable Housing**
Speaker: Scott Code, Vice President, Center for Aging Services Technologies, LeadingAge
 - Explore technology trends in affordable housing, including internet connectivity, safety innovations, and tools for social connectedness and engagement.
 - Discover resources to enhance digital literacy and help prevent cybersecurity issues among residents.
- **December 18 ~ What You Need to Know When a Resident Hoards**
Speaker: Dr. Kathleen Weissberg, National Director of Education, Select Rehabilitation
 - Describe the scope of hoarding in senior living and how it differs from collecting
 - Identify signs of hoarding behaviors and their effects on health and wellbeing
 - List strategies providers may use to address and reduce hoarding behavior in residents
 - Identify verbal and non-verbal communication strategies to address hoarding and support the emotional wellbeing of hoarders

Registration

Register at www.LeadingleAgeIowa.org/HousingHappenings

LeadingAge Iowa Members FREE (register one time for the entire series)

What's Included

Registration includes one connection to each of the live sessions. More than one person can register to receive their own connection to each webinar.

Continuing Education Information

CE credit is NOT available for this event.

LeadingAge Iowa, 11001 Aurora Ave, Urbandale, IA 50322

515-440-4630 or www.LeadingleAgeIowa.org