



Thursday, Feb. 25, 2021
1 – 2 p.m. CT

Registration Deadline:
Feb. 23, 2020

Questions?

Contact LAI at 515-440-4630 or email us at info@LeadingAgeIowa.org

Refund Policy

No-shows will be billed. No refunds for failure to log-in at the time of the event. Substitutions are welcome anytime via email. All cancellation and substitution requests must be emailed to Amy Huisman (ahuisman@LeadingAgeIowa.org). A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment in which case pre-registered participants will be notified and full refunds provided.

Register at

www.LeadinAgeIowa.org

3019-21

This event is scheduled in a virtual, live-streaming webinar format. To meet the regulatory and education requirements, participants must stay for the entire event to receive credit. Sign-in and sign-out times, as well as attentiveness, will be verified before credit is issued. Contact [Amy Huisman](#) for details or questions.

Overview

Sensory stimulation uses everyday objects to arouse one or more of the five senses with the goal of either engaging or calming an individual. Multi-sensory stimulation rooms or spaces are designed for individuals living with Alzheimer's disease or a related dementia so they can safely explore and stimulate all five senses. The room combines gentle light, movement, music, aromas and tactile objects designed to either calm or stimulate individuals, depending on each person's needs. Some ways in which the sensory room has shown to be a positive health promotion tool are through creating a safe place for the patient to go, encouraging a positive therapeutic relationship between staff and patient, providing a place to teach skills and conduct therapeutic activities, establishing a place where crisis de-escalation strategies can be implemented, and helping to promote self-care and recovery. Activities involved in sensory stimulation are often linked to past interests and can help the person with dementia to build a connection with everyday life while reducing anxiety.

There are a variety of activities and equipment that can be used in this setting and there are many ways the room can be set up to help individualize the sensory room to the person using it. Often times, multi-sensory rooms are designed in collaboration with a vendor and the result is something that appears juvenile or possibly futuristic with the use of high-tech light displays and gadgets. It doesn't have to be that way! The number one principle in designing a space is "less is more."

In this session, participants will learn how sensory stimulation impacts the person living with dementia. Participants will learn how to set up a room or a space in their community using best practice design principles. This session will offer a "design on a dime" approach to a sensory room and demonstrate to providers how to set up a room or space of their own so they can further impact the quality of life of persons with dementia without relying on pharmacology.

Learning Objectives

By the completion of the presentation, attendees will:

- Identify calming and stimulating sensory interventions for persons with dementia.
- List the benefits of multi-sensory stimulation for persons living with dementia.
- Enumerate design principles to consider when designing a multi-sensory space.
- Recognize everyday objects, activities, low-tech and sensory inputs to include in a multi-sensory environment to facilitate purposeful engagement.

Dementia Training Requirements

This session may meet the following long-term care dementia requirements:
58.54(6)a.(5) Adjustment to care facility residency by the CCDI unit or facility residents and their families.
58.54(6)a.(9) Stress reduction for staff and residents.

This session may meet the following assisted living dementia requirements:
69.30(2) j. Techniques for simplifying, cueing, and redirecting.
69.30(2) k. Staff support and stress reduction.
69.30(2) l. Medication management and nonpharmacological interventions.

Who Should Attend

Administrators, Social Workers, Activities, DONs, ADONs, Nursing Staff, Unit Managers, Caregivers, and Staff Educators. Appropriate for nursing home, assisted living, home and community based services and adult day providers.

Faculty

Kathleen Weissberg, MS, OTD, OTR/L, CMDCP, CDP, National Director of Education, Select Rehabilitation



Dr. Kathleen Weissberg, (MS in OT, 1993; Doctoral 2014) in her 25+ years of practice, has worked in rehabilitation and long-term care as an executive, researcher and educator. She has established numerous programs in nursing facilities; authored peer-reviewed publications on topics such as low vision, dementia quality care, and wellness; has spoken at numerous conferences both nationally and internationally, for 20+ State Health Care Associations, and for 25+ state LeadingAge affiliates. She provides continuing education support to more than 17,000 therapists, nurses, and administrators nationwide as National Director of Education for Select Rehabilitation. She is a Certified Dementia Care Practitioner and a Certified Montessori Dementia Care Practitioner. She serves as the Region I Director for the American Occupational Therapy Association Political Affairs Affiliates and is an adjunct professor at both Chatham University in Pittsburgh, PA and Gannon University in Erie, PA.

Continuing Education Credit

Iowa Board of Nursing Provider #67 – 1 contact hour. Providership regulations do not allow for partial credit to be given for any portion of this program. You must attend the entire session to receive credit. Retain certificate for four years.

Nursing Home Administrators – This session is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for 1 contact hour. No partial credit allowed. You must attend the entire session to receive credit. Retain certificate for four years.

Social Workers – 1 contact hour. This program is intended to meet the criteria established by the Iowa Board of Social Work Examiners. If audited, you will be asked to provide your certificate of attendance and program material. You must attend the entire session to receive credit. Retain certificate for four years.

Assisted Living Leadership Recertification – 1 contact hour. You must attend the entire session to receive credit.

For other long term support and service provider professionals not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

Registration Information & Fees

Register at www.LeadingAgeIowa.org. Fees are per connection at a facility. Registration instructions and handout materials will be sent to the contact person listed on the registration 1-2 days prior to the program.

LeadingAge Iowa Member Facility	\$70 (This webinar is included in a 4-part dementia series at a purchase price of \$160.)
Prospective Member Facility	\$105

Registration fee includes electronic handout, one connection to the live webinar, and instructions for receiving CE credit/attendance certificate. A recording of this webinar is NOT included in the registration fee.

Upcoming Education

March 4	2021: Challenges That are NOT COVID Related Webinar
March 24	Mental Health Webinar Series: Approaches to Mental Health Support in 2021
March 31	Mental Health Webinar Series: Resilience: Dealing with Trauma and Grief During COVID-19
April 7	Mental Health Webinar Series: Running on Empty: Overcoming Compassion Fatigue in Our Health Care Environment
April 14	PDPM: Creating Efficiencies and Maximizing Reimbursement
April 21	Selling During a Pandemic