



One-Day Restorative Nursing Assistant Training

October 2, 2019

NewAldaya Lifescapes
7511 University Ave., Cedar Falls, IA 50613



PROGRAM DESCRIPTION

This one-day workshop is designed to provide nursing assistants with the knowledge and skills they will need to be an effective member of the restorative nursing team at their facility. This course, instructed by an experienced therapy professional, combines lecture, open discussion/Q&A, “hands-on” demonstration, and return demonstration. At the conclusion of the course, each participant will receive a copy of their competency checklists for their personnel records.

Participants will receive an introduction to the philosophy and goals of a rehab restorative nursing program. Participants will be offered an overview of restorative nursing programs including range of motion, splint and brace assistance, activities of daily living, transfers and bed mobility, ambulation, body mechanics, eating and safe swallowing, amputation/prosthesis care, bladder and bowel continence, communication and cognition. For each of these programs, participants will gain hands-on experience facilitating the tasks/activities associated with the program and will be assessed for competence using return demonstration techniques.

Finally, because restorative nursing and therapy services work so closely together, triggers that might indicate a referral to therapy services for each of the programs will be reviewed. Participants will have an opportunity to review sample documentation and referral forms needed for the program.

PROGRAM OBJECTIVES

At the end of this session, participants will be able to:

- Define the role of the restorative nursing assistant in providing care to residents of the LTC facility.
- List the benefits and goals of a restorative nursing program.
- Demonstrate competency in performing RNA programs including ROM, ADL, transfers, ambulation, bed mobility, splint application, eating/swallowing, and communication.
- Identify resident characteristics that might trigger a referral to skilled OT, PT, or SLP therapy services.

INTENDED FOR

Nurses, Nurse Assistants, Therapists, Rehabilitation Aides, and Administrators.

FACULTY

Kathleen Weissberg, OTD, OTR/L, Education Director. Select Rehabilitation



Kathleen Weissberg, in her more than 25 years of practice, has worked in long term care as a researcher/educator and has established various programs in nursing facilities including palliative care and end of life care, incontinence management, falls management and dementia care and staging. She currently provides continuing education support to 6,000 therapists nationwide as director of education for Select Rehabilitation. She has lectured nationally, at the state level, and authored publication on the topics such as patient satisfaction outcomes in long term care, restraint reduction and fall prevention, driving and the elderly, dementia management, palliative care, and hospital readmissions. She has presented at previous LeadingAge conferences for Georgia, South Carolina, Michigan, New York, and has authored articles for publication for LeadingAge Florida and Texas.

WHAT DO PEOPLE SAY ABOUT THIS CLASS

Kathleen Weissberg has taught this course for LAI for three years and is one of our top-rated presenters. Following are just some of the comments from this past April:

~“The instructor was very informative and helpful.”

~“What I liked best was all the information she gave, I liked how she went over the ROM with us and that we all got to practice it.”

~“The whole class was well rounded and informational.”

~“Excellent speaker, very knowledgeable.”

~“The instructor was very informative and helpful.”

PROGRAM AGENDA

7:30 a.m. - 8:00 a.m.	Registration/Check-in
8:00 a.m. - 11:45 a.m.	Program
11:45 a.m. - 12:30 p.m.	Lunch (included)
12:30 p.m. - 4:30 p.m.	Program
4:30 p.m.	Adjourn

A 15-minute break will be scheduled during the morning and afternoon sessions.

CONTINUING EDUCATION CREDIT

Iowa Board of Nursing Provider #67 – 7.2 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

Nursing Home Administrators – 7.2 contact hours will be awarded for attendance at the entire event. This program is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

Physical Therapists - 7.2 contact hours will be awarded for attendance at the entire event. This program is intended to meet the criteria established by the Iowa Board of Examiners for Physical and Occupational Therapy. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

For other long term support and service provider professional not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

REGISTRATION INFORMATION

Register at www.leadingageiowa.org.

LeadingAge Iowa Member Rate	\$90
Prospective Member Rate	\$175

Registration fees include electronic handouts, breakfast, lunch, refreshment break, competency checklists, and CEU/attendance certificate.

REFUND POLICY

The online registration deadline is September 30, 2019. Any phone or onsite registrations after September 30 will incur an additional \$25 processing fee. No-shows will be billed. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be sent to Amy Huisman (ahuisman@leadingageiowa.org). Facilities that have an unannounced annual survey by DIA during the meeting dates will be eligible for a full refund.

AREA HOTEL INFORMATION

LeadingAge Iowa has negotiated special sleeping room rates at the following hotel:

Hilton Garden Inn, 7213 Nordic Dr, Cedar Falls, IA 50613 \$129/night

Call 319-266-6611 for reservations and ask for the Leading Age Iowa Block to receive the group rate.

*LeadingAge Iowa, 11001 Aurora Ave, Urbandale, IA 50322
515-440-4630 or www.LeadingAgeIowa.org*