

One-Day Restorative Nursing Assistant Training

November 2, 2022

Aurora Training Center (Building #3)
11159 Aurora Ave., Urbandale, IA 50322

PROGRAM DESCRIPTION

This one-day workshop is designed to provide nursing assistants with the knowledge and skills they will need to be an effective member of the restorative nursing team at their facility. This course, instructed by an experienced therapy professional, combines lecture, open discussion/Q&A, “hands-on” demonstration, and return demonstration. At the conclusion of the course, each participant will receive a copy of their competency checklists for their personnel records.

Participants will receive an introduction to the philosophy and goals of a rehab restorative nursing program. An overview of restorative nursing programs will be discussed including range of motion, splint and brace assistance, activities of daily living, transfers and bed mobility, ambulation, body mechanics, eating and safe swallowing, amputation/prosthesis care, bladder and bowel continence, communication, and cognition. For each of these programs, participants will gain hands-on experience facilitating the tasks/activities associated with the program and will be assessed for competence using return demonstration techniques.

Finally, because restorative nursing and therapy services work so closely together, triggers that might indicate a referral to therapy services for each of the programs will be reviewed. Participants will have an opportunity to review sample documentation and referral forms needed for the program.

- Define the role of the restorative nursing assistant in providing care to residents of the LTC facility.
- List the benefits and goals of a restorative nursing program.
- Demonstrate competency in performing RNA programs including ROM, ADL, transfers, ambulation, bed mobility, splint application, eating/swallowing, and communication.
- Identify resident characteristics that might trigger a referral to skilled OT, PT, or SLP therapy services.

INTENDED FOR

Nurse Assistants, Therapists, and Rehabilitation Aides. This class is appropriate for SNF, Assisted Living Programs, and HCBS.

FACULTY

Kathleen Weissberg, OTD, OTR/L, CMDCP, CDP, CFPS, National Director of Education, Select Rehabilitation



Dr. Kathleen Weissberg, (MS in OT, 1993; Doctoral 2014) in her 25+ years of practice, has worked in rehabilitation and long-term care as an executive, researcher, and educator. She has established numerous programs in nursing facilities; authored peer-reviewed publications on topics such as low vision, dementia quality care, and wellness; has spoken at numerous conferences both nationally and internationally, for 20+ State Health Care Associations, and for 25+ state LeadingAge affiliates. She provides continuing education support to more than 17,000 therapists, nurses, and administrators nationwide as National Director of Education for Select Rehabilitation. She is a Certified Dementia Care Practitioner, Certified Montessori Dementia Care Practitioner, and Certified Falls Prevention Specialist. She serves as the Region 1 Director for the American Occupational Therapy Association Political Affairs Affiliates and is an adjunct professor at Gannon University in Erie, PA.

WHAT DO PEOPLE SAY ABOUT THIS CLASS?

Kathleen Weissberg has taught this course for LAI in the past and is one of our top-rated presenters. Following are just some of the comments from past attendees:

~“The instructor was very informative and helpful.”

~“What I liked best was all the information she gave, I liked how she went over the ROM with us and that we all got to practice it.”

~“The whole class was well rounded and informational.”

~“Excellent speaker, very knowledgeable.”

~“The instructor was very informative and helpful.”

PROGRAM AGENDA

7:30 - 8 a.m	Registration/Check-in
8 - 11:45 a.m.	Program*
11:45 a.m. - 12:30 p.m.	Lunch (included)
12:30 p.m. - 4:30 p.m.	Program*
4:30 p.m.	Adjourn

*A 15-minute break will be scheduled during the morning and afternoon sessions.

CONTINUING EDUCATION CREDIT

Iowa Board of Nursing Provider #67 – 7.25 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. You must attend the entire program to receive credit. Retain certificate for four years.

Physical Therapists - 7.25 contact hours will be awarded for attendance at the entire event. This program is intended to meet the criteria established by the Iowa Board of Examiners for Physical and Occupational Therapy. You must attend the entire program to receive credit. No partial credit allowed. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

For other long-term support and service provider professional not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

REGISTRATION INFORMATION

Register at www.LeadingAgelowa.org/Restorative.

LeadingAge Iowa Member Individual Rate \$105

Prospective Member Individual Rate \$200

Registration fees include digital handouts, light breakfast, lunch, refreshment break, competency checklists, and CEU/attendance certificate.

REFUND POLICY

The online registration deadline is October 31, 2022. Phone and onsite registrations starting November 1 will incur an additional \$25 processing fee. No-shows will be billed. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be sent to Amy Huisman (ahuisman@LeadingAgelowa.org). Facilities that have an unannounced annual survey by DIA during the meeting dates will be eligible for a full refund.

AREA HOTEL INFORMATION

LeadingAge Iowa has negotiated special sleeping room rates for its members at several hotels in the vicinity of our office. Go to www.LeadingAgelowa.org/Hotels to view hotel options.

*LeadingAge Iowa, 11001 Aurora Ave, Urbandale, IA 50322
515-440-4630 or www.LeadingAgelowa.org*