



Tuesday, January 28, 2020
11:00 a.m. – 12:00 p.m. CT

Registration Deadline:
January 24, 2020

Questions?

Contact LAI at 515-440-4630 or email us at info@leadingageiowa.org

Refund Policy

No-shows will be billed. No refunds for failure to log-in at the time of the event. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be emailed to Amy Huisman (ahuisman@leadingageiowa.org).

Register at

www.LeadinAgeIowa.org

Overview

Health care team members have often referred to the family caregiver as “the second patient.” This course reviews the significant burden of stress facing the caregiver, both family and organization, and its correlation to the resident receiving care by the health care team. Strategies will be shared to support the caregiver, to include a range from verbal feedback to recommendations for managing the stress so that they can better care for their own physical, mental and emotional health. This webinar meets the DIA requirements for dementia training 58.54(6)a.(9).

Learning Objectives

By the completion of the presentation, attendees will:

- Cite the physical effects which may often result from the stress of caregiving.
- Identify signs and symptoms of the unmanaged stress points.
- Recognize potential events that trigger increased disturbances.
- List strategies to support caregivers, for improved care for themselves as well as for their family member.

Faculty

Lisa Milliken, MA, CCC-SLP, FNAP, Education Specialist, Atascocita, TX

Over the last 30 years, Lisa Young Milliken has served adults and geriatrics as a clinician, manager, vice president, consultant, compliance manager and education director and is most passionate about mentoring health care professionals in the post-acute facilities across the country. She currently provides continuing education support to therapists in more than 950 sites nationwide as education specialist for Select Rehabilitation. She has authored and lectured at the state and national level with more than 100 professional continuing education courses on a wide range of topics of importance to the health care professional who works with the older population. Lisa is a member of the American Speech-Language and Hearing Association, where she currently serves as a State Advocate for Medicare Policy (StAMP) to Texas, and she serves on the TSHA Executive Council as Chair of the Business Management Committee. She has also recently been elected to the Distinguished Fellowship of the National Academies of Practice in Speech-Language Pathology. Through her leadership positions on the Louisiana and Texas Association boards, executive council and other organizations, she has purposed to advocate services of these associations’ members as well as for the clients and families served by the members.

Who Should Attend

Administrators, Nursing Staff, Activities & Wellness, Social Workers, Staff Educators, Assisted Living and HCBS.



Supporting the Caregiver Through Stress Management Strategies

Continuing Education Credit

Iowa Board of Nursing Provider #67 – 1 contact hour. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

Nursing Home Administrators – This session is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for 1 contact hour. No partial credit allowed. Retain certificate for four years.

Social Workers – 1 contact hour. This program is intended to meet the criteria established by the Iowa Board of Social Work Examiners. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

Assisted Living Leadership Recertification – This session is 1 hour toward continuing education for maintaining Assisted Living Leadership Certification.

For other long term support and service provider professionals not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

Registration Information & Fees

Register at www.LeadingAgeIowa.org. Fees are per connection at a facility. Registration instructions and handout materials will be sent to the contact person listed on the registration 1-2 days prior to the program.

LeadingAge Iowa Member Facility	\$70
Prospective Member Facility	\$105

Registration fee includes electronic handout, one connection to the live webinar, and instructions for receiving CE/attendance certificate. A recording of this webinar is not included in the registration fee.