

Trauma-Informed Care: What it is and Why it's Important



Thursday, January 24, 2019
11:00 a.m. – 12:30 p.m. CT

Registration Deadline:
January 22, 2019

Questions?

Contact LAI at 515-440-4630 or email us at info@leadingageiowa.org

Refund Policy

No-shows will be billed. No refunds for failure to log-in at the time of the event. Substitutions welcome anytime via fax or email. A full refund will be given to all cancellations received 10 or more business days prior to the program. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be emailed to Amy Huisman (ahuisman@leadingageiowa.org).

Register at

www.LeadinAgeIowa.org

Overview


Life trauma can lead to lifestyle practices that influence development of chronic illness. Understanding past traumatic events in individuals' lives can be key to effective care. Trauma-informed care is an approach to engaging people with a history of life trauma that recognizes trauma symptoms and acknowledges the role trauma plays in their lives. This session explores how trauma-informed care can be used by skilled nursing providers with individuals who have experienced pervasive adverse childhood experiences (ACEs). Participants will learn about the Three E's of Trauma: Events, Experiences, and Effects and how these shape our residents' responses to care and our employees' approach to caregiving. The principles of trauma-informed care are reviewed, and participants are provided specific strategies to implement in their sites. This includes addressing trauma in our own employees and how it affects daily work. This session provides suggestions for using the five guiding principles of trauma-informed care: safety, trustworthiness, choice, collaboration, and empowerment, as the best clinical practice. Finally, the 10 domains of implementation are discussed, and probing questions are presented that will assist each facility in determining readiness to implement this paradigm shift.

Learning Objectives

By the completion of the presentation, attendees will:

1. Define trauma and the pervasive impact that trauma has in an individual's life.
2. Describe what is meant by a trauma-informed approach to care.
3. List the key principles and essential components of a trauma-informed approach.
4. Identify the suggested guidance for implementing a trauma-informed approach.
5. Describe the concept of trauma in the context of community.
6. Identify regulatory guidelines related to trauma-informed care in skilled nursing facilities.

Faculty

Kathleen Weissberg, OTD, OTR/L, Education Director, 
Dr. Kathleen Weissberg, (MS/OT, 1993; Doctoral 2014) in her 25 years of practice, has worked in long term care as a researcher/educator and has established various programs including palliative care, adult sexuality, falls management, and dementia care. She provides continuing education support to 6000 therapists nationwide as director of education for Select Rehabilitation. She has lectured nationally (Pioneer Network, LeadingAge) and presented at LeadingAge PA, NE, NY, WA, IA, FL, and TX.



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Continuing Education Credit

Nursing Home Administrators – This session is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for 1.5 contact hours. No partial credit allowed. Retain certificate for four years.

Iowa Board of Nursing Provider #67 – 1.5 contact hours. Providership regulations do not allow for partial credit to be given for any portion of this program. Retain certificate for four years.

Social Workers – 1.5 contact hours. This program is intended to meet the criteria established by the Iowa Board of Social Work Examiners. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for four years.

For other long term support and service provider professionals not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

Who Should Attend

Administrators, Nursing Staff, Unit Managers, Social Workers, Activities Personnel and Care Managers.

Registration Information & Fees

Register at www.LeadingAgeIowa.org. Fees are per connection at a facility. Registration instructions and handout materials will be sent to the contact person listed on the registration 1-2 days prior to the program.

Discounted Rate if Paying by Check

- LeadingAge Iowa Member Facility \$75
- Prospective Member Facility \$100

Rate if Paying by Credit Card

- LeadingAge Iowa Member Facility \$80
- Prospective Member Facility \$105

Registration fee includes electronic handout, one connection to the live webinar, and instructions for receiving CE/attendance certificate. A recording of this webinar is not included in the registration fee.